Please create three APIs: one for user registration, one for login, and one for updating user information, along with secure session management, Docker setup, and security measures. Additionally, create a Postman collection for testing these APIs.

1. **Registration API:**This API should allow new users to sign up by providing the following details:
   * **ID** (unique identifier, automatically generated)
   * **Name**
   * **Email** (should be unique for each user)
   * **Password** (store securely using a hashed format)
   * **Board** (user’s educational board)
   * **Field** (user’s field of study)
   * **Standard** (user’s grade or standard)
   * **Date of Birth** (DOB)
   * **Age**
2. **Login API:**This API should allow existing users to log in by entering their **email** and **password**. Ensure passwords are securely hashed during authentication, and use cookies to manage auto-login for users.
3. **Update API:**This API should allow users to update any of the following details in their profile:
   * **Name**
   * **Email** (should remain unique)
   * **Password**
   * **Board**
   * **Field**
   * **Standard**
   * **Date of Birth** (DOB)
   * **Age**
4. **Session Management & Security:**
   * Use **Redis** to manage and cache sessions securely to improve performance and session tracking.
   * Ensure **secure password hashing** to protect user data and enhance security.
5. **Docker Setup:**
   * Use a **Docker container** for the database instance to keep it isolated and manageable.
   * Create a **Docker image** for the server to ensure consistency across development and production environments.
6. **Postman Collection:**
   * Create a **Postman collection** that includes tests for the above APIs (registration, login, update) to verify that they are functioning as expected.
   * Include any necessary environment variables and documentation in the Postman collection to make it easy for others to test the APIs.